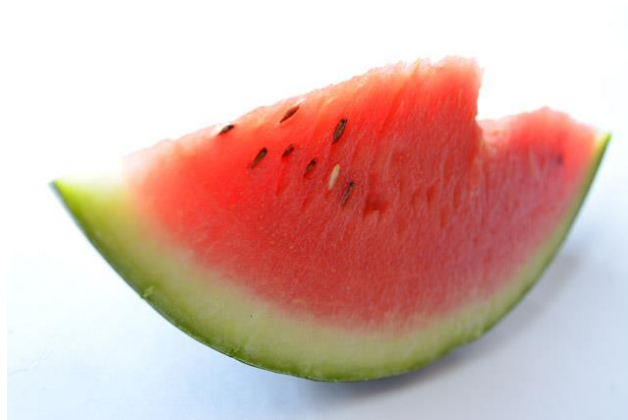


Helping Your Child Eat Well

A workshop for Richmond families with a child 1-5 years old who is not eating well



How to:

- Make eating enjoyable for your family
- Encourage your child to try & enjoy new foods
- Help your child choose healthy foods

Date and Time Options:

Tuesday, May 28, 2019 Room 345A, 6:30–8:30PM

(Free Parking)**

OR

Wednesday, June 12, 2019 Room 224, 9:30–11:30AM

(Pay Parking)

***Location:* 8100 Granville Avenue**

**Free evening parking in VCH marked spots only

\$ No Cost to You

No childcare provided

***To register:* Please call Anne Swann at 604-233-3103.**